

## Deep Tissue Whipped Jelly

### Description

Whipping oils into Aloe Jelly gives you a variety of formulas that can be created simply and easily. This recipe creates an ultra light massage gel or muscle relief jelly. You can vary the carrier oils and the essential oils.

### Recipe

4 lbs Aloe Jelly

.1 lbs Meadowfoam Oil

### To Scent

.02 lbs to .04 lbs Deep Tissue

### Directions

In a stainless steel bowl mix Aloe Jelly with meadowfoam oil using a stick blender. Mix in Deep Tissue Essential Oil Blend. I love this Whipped Jelly with Deep Tissue Essential Oil Blend, but you can use any essential oil blend or single notes. With this super simple recipe you can make hundreds of variations using different carrier oils, essential oils and/or fragrance oils. I've made some gorgeous Whipped Oils using olive oil, sesame oil, shea oils and many others.

### Equipment

Stainless steel bowl

Stainless steel spoon

Stick Blender

Gloves (recommended)

Alcohol to cleanse all equipment before use

### Ingredient List

Aloe barbadensis (Organic Aloe) Juice, Limnanthes alba (Meadowfoam) Seed Oil

Kosher Vegetable Glycerin, Hamamelis virginiana (Witch Hazel), Phenoxyethanol, Essential Oils, Carbomer, TEA, Tetrasodium EDTA, Citric Acid.

*essential*  
*wholesale*